

# CENTRAL AFRICAN REPUBLIC

## DZANGA BAI, LAST NATURAL PARADISE ON EARTH

(10 DAYS)

The Dzangha-Sangha Reserve is the jewel in the crown of the North-western Congolese Lowland Forest Eco-region. It's also a WWF Global 200 site that spans parts of Gabon, the Congo Republic, Cameroon, CAR and the Democratic Republic of Congo. The reserve is home to one of the African continent's largest intact forest elephant populations, western lowland gorillas, 16 of the country's 20 primate species, hundreds of bird species and thousands of plants. This trip is a must for nature lovers.

"Going up that river was like traveling back to the earliest beginnings of the world, when vegetation rioted on the earth and the big trees were kings..."

Joseph Conrad. Heart of Darkness 1902



Required fitness level: basic

### DAY 1:

Arrival in Yaoundé in the evening

### DAY 2:

Yaoundé – Ayos – Bertoua - Yokadouma (full day transport crossing the equatorial jungle)

### DAY 3:

Yokadouma – Mboya – Nola – Border – Bayanga (full day of transport crossing the equatorial jungle)

### DAY 4:

Dzangha-Sangha (jungle trek with Baka pygmy guide in order to trace and find the lowland gorillas)

### DAY 5:

Dzangha-Sangha (observation of fauna in the reserve's famous Dzangha Bai – forest clearing - elephants, forest buffaloes and bongos)

### DAY 6:

Dzangha-Sangha (afternoon pirogue on the Sangha River, hippos and birds)

### DAY 7:

Bayanga - Nola (Bantu villages and Baka pygmy camps)

### DAY 8:

Nola – Lomié – Yaoundé (full day of transport, stop at local markets and villages along the way)

### DAY 9:

Yaoundé (explore the capital; Muslim quarter of la Briquetterie, Museum of African art, craft center). In the evening: final departure

### DAY 10:

Arrival to European airport in the evening (if traveling with Royal Air Maroc one can visit Casablanca City Centre).

Recommended Period: All year round, even though September and October are less recommendable due to possible heavy rains.

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