

SAO TOMÉ & PRÍNCIPE

RELAX ON FAIRY-TALE ISLANDS STATE SAO TOMÉ & PRÍNCIPE

(8 DAYS)

The archipelago Sao Tomé & Príncipe is a little hidden paradise situated in plain Gulf of Guinea. It used to be a Portuguese colony. Both Islands (and several smaller ones) lie on an alignment of once-active volcanoes with rugged landscapes, dense forest and palm-fringed beaches.

Local culture is rich in Portuguese-African folklore and colonial "Posadas" can be found all over, offering excellent lodging facilities. The combination of natural beauty and cultural heritage make this an excellent destination for people who like to combine relaxed activities like walks and hikes observe birds, dolphins, sea-turtles or whales (July-October) whilst enjoying the general tranquillity and picturesque town Sao Tomé.

Note: this week can be added to any of the itineraries offered to Gabon, Cameroon, Equatorial Guinea, Central African Republic and can be extended or shortened according to your interest.

DAY 1:

Arrival at Sao Tomé

DAY 2:

Sao Tomé (discover the picturesque town of Sao Tomé, its colonial architecture, its lively parks and the Museum of Sao Sebastiao. Afternoon excursion to Boca do Inferno)

DAY 3:

Sao Tomé – Roça Sao Joao (visit the plantations and night at the Posada)

DAY 4:

Roça Sao Joao – Sao Tomé's Volcano – Sta Catalina (jungle hike)

DAY 5:

Sta Catalina - Praia Jalé (beaches, snorkeling and spot giant sea-turtles)

DAY 6:

Praia Jalé - Ilheu das Rolas – Porto Alegre (motorized pirogue to divine white sand-beaches, snorkeling)

DAY 7:

Porto Alegre – Sao Tomé. In the evening: final departure

DAY 8:

Arrival to European airport in the morning

Recommended Period: All year round, being June, July, August and September the driest months.

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